

Bread Recipes

E. G. Arlinghaus 2/2014

	Whole Wheat Sandwich	Honey Flax Sandwich	Cinnamon Raisin Loaf	French Loaf	Cincinnati Pumpernickel	Wheat Buns	Sweet Roll Dough	Pizza Dough
Milk	1 and ¼ cups	1 and ½ cups	1 and ¼ cups	---	1 and ¼ cups	1 cup	1 cup	---
Water	---	---	---	1 and ¼ cup plus 1 Tbsp	---	---	---	1 and ½ cup
Egg	1 Egg	---	1 Egg	---	1 Egg	1 Egg	1 Egg	---
Butter	---	4 Tablespoons	2 Tablespoons	---	3 Tablespoons	3 Tablespoons	4 Tablespoons	---
Oil	2 Tablespoons	---	---	2 Tablespoons *olive*	---	---	---	2 and ½ Tablespoons
Honey	---	3 Tablespoons	---	---	---	---	---	---
Sugar	2 Tablespoons	---	¼ cup	1 Tablespoon	---	3 Tablespoons	3 Tablespoons	2 teaspoons
Malt powder	---	---	---	---	3 Tablespoons	---	---	---
Whole wheat flour	3 cups	2 and ½ cups	2 cups	---	1 cup	2 and ¼ cups	1 and ½ cups	2 cups
Bread flour	---	---	1 cup	3 cups	1 cup	¾ cups	1 and ½ cups	2 cups
Dark rye flour	---	½ cup	---	---	1 cup	---	---	---
Gluten	1 heaping Tablespoon	1 heaping Tablespoon	---	---	1 heaping Tablespoon	---	---	---
Salt	2 teaspoons	2 teaspoons	2 teaspoons	1 and ¼ teaspoon	2 teaspoons	1 and ¾ teaspoons	½ teaspoon	2 teaspoons
Flax meal	---	3 Tablespoons	---	---	---	---	---	---
Raisins	---	---	½ cup	---	---	---	---	---
Cinnamon	---	---	1 teaspoon	---	---	---	---	---
Cocoa powder	---	---	---	---	2 Tablespoons	---	---	---
Caraway seed	---	---	---	---	1 and ½ teaspoons	---	---	---
Yeast	1 and ½ teaspoons	1 and ½ teaspoons	1 and ½ teaspoons	1 and ¼ teaspoons	1 and ½ teaspoons	1 and ¾ teaspoons	1 and ½ teaspoons	2 and ½ teaspoons
Instructions	Press "wheat"	Press "wheat"	Do not let yeast touch raisins. Press "wheat"	Press "French"	Press "wheat"	Press "dough." Shape into 12 hot dog buns or 16 dinner rolls. Let rise on greased sheet. Bake 375° for 12-15 minutes.	Press "dough." Roll into 15"x10" rectangle. Filling: ¼ c melted butter + ¼ c sugar + 2 tsp cinnamon. Grease pan. 375° for 20-25 min	Press "dough."